



# St Michael's CE Primary School, Sandhurst

## Subject Vision Document: Physical Education

### Vision (Intent)

Our physical education curriculum inspires all pupils to succeed and excel in fun competitive sport and other physically activities. It provides exciting opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect inter-house competition and inter-school matches in football, netball, athletics. We aim to instil a lifelong passion for sport and active learning, which will continue into adult life.

We want to enable our children to:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage with competitive sports and activities at an appropriate level
- Understand the Importance of, and adopt a healthy, active life

### Curriculum (Implementation)

P.E. is taught as an area of learning in its own right, but where possible, links are made to other subjects. In particular, links are made to PSHE and science, where children are taught about the importance of healthy living and the need for good balanced diet.

There are two PE sessions per week. In addition, children are encouraged to take part in extra-curricular physical activity, as well as being active at playtimes. Lessons are taught by the class teacher and a PE specialist who both follow the PE Planning scheme.

KS2 all participate in a half terms worth of swimming, which takes place at Places Leisure in Camberley. The children are assessed by qualified swimming coaches throughout each lesson, which is fed back to school staff.

We use the PE Planning scheme, which provides teaching staff with lesson structure, content and skill development, coupled with demonstration images to be used in lesson. Where and when possible, specialists in particular areas such as dance are deployed for special workshops, to enhance the child's experiences especially during enrichment weeks e.g. International Week.

All children have the opportunity to participate in PE at their own level of development, with teachers ensuring that lessons cater for individual needs. As well as securing and building on a range of skills, children develop knowledge of the basic rules of a range of games and activities. They experience positive competition and a strong focus is placed on developing good sporting attitudes. Children learn in a safe environment and have a foundation for lifelong physical activity, leaving primary school as physically active young people.

These will go towards:

Engaging learners through physically active lessons

Building knowledge in sessions towards applying skills towards intended outcome (e.g. competitive matches/inter class competition)

Focusing on specific knowledge - not just playing matches (e.g. Cricket - learners to be taught how to catch effectively)

Developing a love for sport through rich and engaging competitions, visitors and experiences

### Curriculum Structure

In Reception at St Michael's CofE Primary School, PE is taught through singular units each term. In reception child-led opportunities provided and through adult directed time for addition fine motor

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**Community**



**Compassion**



**Creativity**



**Courage**





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skill practice and fundamental skills. In directed time, pupils should demonstrate good control and coordination in small and large movements. Children should be developing fundamental skills with confidence, safely negotiating space and trying new activities in the process.

In KS1, planning is informed by the National Curriculum and taught two units every half term using the planning scheme PE Planning. Pupils should develop fundamental movement skills, become progressively capable and confident, and access various opportunities to extend their agility, balance and coordination, individually and with their peers. Engaging in competitive and co-operative physical activities in a range of increasingly challenging situations is vital to their development.

In KS2, planning is informed by the National Curriculum and taught two units every half term using the planning scheme PE Planning. Pupils should continue to apply and develop various skills, learning how to use them differently, and make actions and sequences out of movement. Pupils should enjoy communicating, collaborating and competing with others, and develop an understanding of how to recognise, evaluate, and improve their techniques.

### Lesson Delivery (Pedagogy)

Units are taught in blocks, with two covered every half term, within a week, children across the St Michaels participate in two PE lessons a week covering two different units (usually an outdoor sport and indoor physical activity). This ensures for a robust coverage of the curriculum and allows for an in-depth study of each unit giving the children to practice and enhance skills. Sports are usually taught every other year to give the children opportunities to revisit prior skills and knowledge.

### Assessment

The impact of our PE Curriculum can be seen within lessons and through pupil conferencing. We regularly measure the impact through:

- Whole class and verbal feedback from peers and class teachers
- Subject monitoring through planning and pupil conferencing
- Teacher assessment to identify those achieving the expected standard and those who are not.

### Outcomes (Impact – how do we measure and evaluate)

By the time the children leave St Michaels's, we want them to be physically confident in a way which supports their health, fitness and attitude.

They will:

Competitively play in a range of activities and sports which encourages a love of sport

Develop flexibility, strength, technique, control and balance

Perform dances using a range of movement patterns

Take part in outdoor and adventurous activity challenges both individually and within a team

Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Through weekly PE lessons, and learning experiences, children will develop a range of knowledge and skills that will enable them to become confident athletes and aware of the benefits of sport and how to live a healthy lifestyle.

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They will develop the following underpinning skills which will enable them to acquire, use and communicate PE knowledge:

### COMPETE

Learners should enjoy communicating, collaborating and competing with each other.

### RESPECT

Pupils should develop an understanding of how to respect others during competitive activities

### EVALUATE

Learn how to evaluate and recognise their own success and successes of others.

### Curriculum Enhancement

Competitive sport takes place through Berkshire Council giving as many children as possible the opportunity to take part in competitive sports within Key Stage 2. Other local secondary school partnerships also allow for further opportunities to compete in a range of sports and physical activities. Both these partnerships allow opportunities for all pupils to engage in extracurricular sport and physical activity at varying levels from beginner to competitive games.

### Partnerships

Places Leisure Centre  
Bracknell forest Schools Sports Partnerships  
Step Up foundation  
Luckley School Sports Department  
Edgebarrow and Sandhurst secondary schools  
Salesians College

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