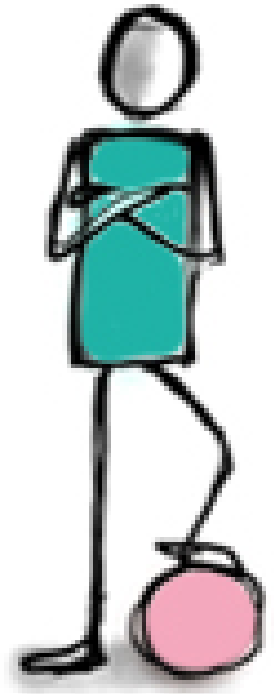


**This is a collation of the individual Medium Term Plans that can be found at the end of each Unit of Work.**

**The 'Key Unit Objectives' follow the Learning Objectives set out in each PE Planning lesson plan.**

**Each page contains the appropriate Key Stage 1 National Curriculum criteria for each sport and illustrates how the PE Planning objectives are linked to National Curriculum requirements.**

**All PE Planning plans and mapping documents have been updated to reflect the outcomes and advice of Ofsted's 2022 PE Curriculum review.**



Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Athletics

<p><b>Prior Learning Required - EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>• Travels with confidence and skill in a range of movements when using equipment.</li> <li>• Shows understanding of the need for safety when tackling new challenges and considers and manages some risks.</li> <li>• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> <li>• Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.</li> </ul>
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<p><b>National Curriculum Links</b></p>	<p>1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</p>	<p><b>Pillars of Progression</b></p>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>			
<p><b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: Move into space</li> <li>• Step 2: To control your body and equipment when throwing, running and jumping.</li> <li>• Step 3: To land safely when jumping</li> <li>• Step 4: To run and jump on the balls of your feet</li> <li>• Step 5: To show a correct pull throw technique</li> <li>• Step 6: To compete against yourself and others</li> </ul>	<p><b>Progression Map Links</b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Develop the distance running technique, understanding the difference between sprinting, and running over longer distances.</li> <li>• Show understanding and a basic level of control, coordination and consistency when running.</li> <li>• Begin to evaluate and improve own performance.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Explore and practice a variety of athletic movements and apply athletic skills and techniques to a variety of activities.</li> <li>• Experiment with different jumping techniques, showing control, coordination, and consistency throughout.</li> <li>• Develop coordination and balance whilst exploring different running, jumping, and throwing techniques.</li> <li>• Develop the overarm, underarm and pull throw technique, throwing accurately towards a target.</li> </ul>			
<p><b>Resources &amp; Equipment</b></p>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Cones</li> <li>• Balls</li> </ul>	<p><b>Key Vocabulary</b></p>	<table border="0"> <tr> <td> <ul style="list-style-type: none"> <li>• Throwing</li> <li>• Running</li> <li>• Jumping</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Personal best</li> <li>• Speed</li> <li>• Competition</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Races</li> <li>• Distance</li> <li>• Measuring</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>• Throwing</li> <li>• Running</li> <li>• Jumping</li> </ul>	<ul style="list-style-type: none"> <li>• Personal best</li> <li>• Speed</li> <li>• Competition</li> </ul>	<ul style="list-style-type: none"> <li>• Races</li> <li>• Distance</li> <li>• Measuring</li> </ul>
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Implementation Phase			
Key Stage:	KS1	Unit:	Badminton
<p><b>Prior Learning Required - EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>Showing increased control when catching a ball.</li> <li>Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.</li> <li>Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.</li> </ul>			
<p><b>National Curriculum Links</b></p>	<ul style="list-style-type: none"> <li>1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><b>Pillars of Progression</b></p>	<ul style="list-style-type: none"> <li>Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<p><b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>Step 1: Move into space</li> <li>Step 2: To control your body and equipment when throwing, running and jumping.</li> <li>Step 3: To land safely when jumping</li> <li>Step 4: To run and jump on the balls of your feet</li> <li>Step 5: To show a correct pull throw technique</li> <li>Step 6: To compete against yourself and others</li> </ul>	<p><b>Progression Map Links</b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>Understand what a rally is and how to continue one in pairs.</li> <li>Use different skills and movements, including aiming into space to try win games.</li> <li>Describe how to hold and grip the racket on forehand shots.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>Move fluently, changing direction and speed.</li> <li>Watch, track and catch a shuttle successfully, and throw a shuttle relating to an overhead clear.</li> <li>Improve control of the shuttle, with and without the racket, developing different movements and skills to play varied types of shot, including an accurate forehand serve.</li> <li>Can hit the shuttle, when in the air, varying height, speed, and direction into space and to a partner.</li> </ul>
<p><b>Resources &amp; Equipment</b></p>	<ul style="list-style-type: none"> <li>Badminton rackets</li> <li>Cones</li> <li>Hoops</li> <li>Shuttlecocks</li> <li>Nets</li> <li>Balloons</li> </ul>	<p><b>Key Vocabulary</b></p>	<ul style="list-style-type: none"> <li>Shuttle</li> <li>Serve</li> <li>Be Ready</li> <li>Aim</li> <li>Racket</li> <li>Control</li> <li>Ready</li> <li>Teamwork</li> <li>Cooperation</li> <li>Move</li> <li>Direction</li> <li>Speed</li> <li>Get in line</li> <li>Receive</li> <li>Partner</li> <li>Stance</li> <li>Grip</li> <li>Swing</li> <li>Follow-through</li> <li>Score</li> <li>Tactics</li> <li>Power</li> <li>Accuracy</li> <li>Height</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Basketball

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, passing, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<b><u>National Curriculum Links</u></b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b><u>Pillars of Progression</u></b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move into space</li> <li>• Step 2: To move with a ball</li> <li>• Step 3: To bounce, roll, and carry a ball</li> <li>• Step 4: To throw and catch a ball with others</li> <li>• Step 5: To move towards a goal to defend it</li> <li>• Step 6: To compete against others trying to score</li> </ul>	<b><u>Progression Map Links</u></b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• React to situations to make it difficult for opponents – using simple tactics. E.g. Move to defend a goal.</li> <li>• Understand how to play in a safe way.</li> <li>• Understand and describe changes to your heart rate when playing a game.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Explore different ways to use, move and send the ball.</li> <li>• Develop skills such as sending an object to a target, catching, and gathering, rolling and basic ball control.</li> <li>• Show good awareness of others when playing games.</li> <li>• Perform a range of actions with the ball keeping it under control.</li> </ul>
<b><u>Resources &amp; Equipment</u></b>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Small balls</li> <li>• Basketballs/ soft balls</li> <li>• Cones</li> </ul>	<b><u>Key Vocabulary</u></b>	<ul style="list-style-type: none"> <li>• Basketball</li> <li>• Hoops</li> <li>• Bounce</li> <li>• Shooting</li> <li>• Scoring</li> <li>• Teamwork</li> <li>• Passing</li> <li>• Dribbling</li> <li>• Catch</li> </ul>

**Implementation Phase**

**Key Stage:**

KS1

**Unit:**

Cricket

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<p><b><u>National Curriculum Links</u></b></p>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><b><u>Pillars of Progression</u></b></p>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<p><b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To move a ball</li> <li>• Step 2: To throw a ball at a target</li> <li>• Step 3: To catch a ball</li> <li>• Step 4: To hit a ball</li> <li>• Step 5: To work with others</li> <li>• Step 6: To compete against others</li> </ul>	<p><b><u>Progression Map Links</u></b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Understand and follow simple rules for games and compete in physical activities both against self and against others.</li> <li>• Apply skills and tactics in simple games, including recognizing space and using it to your advantage.</li> <li>• React to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space to help score more points.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Develop fundamental movement skills, becoming increasingly confident and competent, moving fluently, changing direction and speed,</li> <li>• Throw/hit a ball in different ways e.g. high, low, fast, slow showing basic control.</li> <li>• Successfully receive (catch/stop) a ball, understanding the concept of moving to get in line with the ball to receive it.</li> <li>• Show good awareness of others when playing games.</li> </ul>
<p><b><u>Resources &amp; Equipment</u></b></p>	<ul style="list-style-type: none"> <li>• Tennis balls</li> <li>• Hoops</li> <li>• Marker spots</li> <li>• Cones</li> <li>• Bats</li> <li>• Wickets</li> <li>• Beanbags Balls</li> </ul>	<p><b><u>Key Vocabulary</u></b></p>	<ul style="list-style-type: none"> <li>• Throwing</li> <li>• Batting</li> <li>• Fielding</li> <li>• Catching</li> <li>• Experiment</li> <li>• Striking</li> <li>• Long barrier</li> <li>• Teamwork</li> <li>• Get in line</li> <li>• Communication</li> <li>• Tracking the Ball</li> <li>• Wickets</li> <li>• Wicket keeper</li> <li>• Feeder</li> <li>• Fielder</li> <li>• Underarm</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Dance

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<b>National Curriculum Links</b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1c: Perform dances using simple movement patterns.</li> </ul>	<b>Pillars of Progression</b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move in different ways</li> <li>• Step 2: To move with control</li> <li>• Step 3: To work individually and with others</li> <li>• Step 4: To move to music showing expressive qualities of dance</li> <li>• Step 5: To be creative and compose short dances</li> <li>• Step 6: To participate in a performance</li> </ul>	<b>Progression Map Links</b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Understand that dance phrases are small sections of a dance that make a complete routine.</li> <li>• Begin to understand that dance can be used to express and communicate mood, ideas, and feelings, and characters.</li> <li>• Watch and describe a performance accurately and recognise what is successful.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Respond imaginatively to a range of stimuli.</li> <li>• Move confidently and safely in your own and general space, using changes of speed, level, and direction.</li> <li>• Perform movement phrases using a range of different body actions and body parts – with control and accuracy.</li> <li>• Create linked movements, combining different ways of travelling, with beginnings, middles and ends.</li> <li>• Compose short dances that express and communicate mood, ideas, and feelings, varying simple compositional ideas.</li> <li>• Explore, remember, and repeat short dance phrases, showing greater control and spatial awareness.</li> <li>• Describe phrases and expressive qualities.</li> </ul>
<b>Resources &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Hoops</li> <li>• Ribbons</li> <li>• Balls</li> </ul>	<ul style="list-style-type: none"> <li>• Mats</li> <li>• Music player/ Music</li> </ul>	<b>Key Vocabulary</b>
			<ul style="list-style-type: none"> <li>• Canon</li> <li>• Teamwork</li> <li>• Smart</li> <li>• Neat</li> <li>• Performance</li> <li>• Movement</li> <li>• Express</li> <li>• Phrase</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Dodgeball

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<b><u>National Curriculum Links</u></b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b><u>Pillars of Progression</u></b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move in different ways, changing speed and direction.</li> <li>• Step 2: To practise throwing using underarm technique</li> <li>• Step 3 To Practice throwing using overarm technique</li> <li>• Step 4 To send a ball at different speed.</li> <li>• Step 5; To catch a ball</li> <li>• Step 6:To participate in basic dodgeball games.</li> </ul>	<b><u>Progression Map Links</u></b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Develop decision making strategies and employ simple tactics in competitive games.</li> <li>• Describe what you have done, or seen others doing.</li> <li>• Begin to understand the importance of preparing safely for exercise – warming up.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Develop catching and striking skills.</li> <li>• Move a ball in different ways.</li> <li>• Pass, send and roll a ball with some accuracy.</li> <li>• Develop ball handling skills.</li> <li>• Develop fundamental movement skills</li> </ul>
<b><u>Resources &amp; Equipment</u></b>	<ul style="list-style-type: none"> <li>• Soft balls</li> <li>• Tennis balls</li> <li>• Large balls</li> <li>• Cones</li> <li>• Benches</li> <li>• Hoops</li> <li>• Marker spots</li> </ul>	<b><u>Key Vocabulary</u></b>	<ul style="list-style-type: none"> <li>• Dodgeball</li> <li>• Throw</li> <li>• Catch</li> <li>• Bounce</li> <li>• Teamwork</li> <li>• React</li> <li>• Pass</li> <li>• Dodge</li> <li>• Roll</li> <li>• Target</li> <li>• Speeds</li> <li>• Reaction time</li> <li>• Control</li> <li>• Aim</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Football

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<b><u>National Curriculum Links</u></b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b><u>Pillars of Progression</u></b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move into space</li> <li>• Step 2: To move with a ball</li> <li>• Step 3: To roll, kick, and carry a ball</li> <li>• Step 4: To stop a ball using your foot</li> <li>• Step 5: To move towards a goal to defend it</li> <li>• Step 6: To compete against others trying to score</li> </ul>	<b><u>Progression Map Links</u></b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Use skills in different ways when playing games.</li> <li>• Recognise space in games and use it to your advantage.</li> <li>• Recognise what is successful. Use actions and ideas you have seen to improve your own skills.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Explore different ways to use and move with a ball. Show control of a ball with basic actions.</li> <li>• Send/ pass a ball and successfully catch/stop a ball.</li> <li>• Move fluently, changing direction and speed – with and without a ball. Develop fundamental movement skills, becoming increasingly confident and competent.</li> <li>• Perform a variety of skills keeping the ball under control.</li> <li>• Participate in team games – showing good awareness of others.</li> </ul>
<b><u>Resources &amp; Equipment</u></b>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Small balls</li> <li>• Footballs / soft balls</li> <li>• Cones</li> </ul>	<ul style="list-style-type: none"> <li>• Balls</li> <li>• Bibs</li> <li>• Hoops</li> </ul>	<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p style="background-color: #FF8C00; color: white; padding: 5px;"><b><u>Key Vocabulary</u></b></p> <ul style="list-style-type: none"> <li>• Football</li> <li>• Goals</li> <li>• Scoring</li> </ul> </div> <div style="width: 30%;"> <ul style="list-style-type: none"> <li>• Teamwork</li> <li>• Shooting</li> <li>• Passing</li> </ul> </div> <div style="width: 30%;"> <ul style="list-style-type: none"> <li>• Dribbling</li> <li>• Soul</li> <li>• Control</li> </ul> </div> </div>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Golf

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment.
- Can play in a group, extending and elaborating play ideas within the group.
- Begins to accept the needs of others and can take turns and share, sometimes with the support of others.
- Shows increasing control when throwing and catching a large ball.

<b>National Curriculum Links</b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> </ul>	<b>Pillars of Progression</b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move without a ball</li> <li>• Step 2: To move with a ball</li> <li>• Step 3: To control a ball</li> <li>• Step 4: To hold/grip a golf club</li> <li>• Step 5: To control a ball with a racket/golf club</li> <li>• Step 6: To move a ball towards a target</li> </ul>	<b>Progression Map Links</b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Understand that control and accuracy is needed when aiming for a target.</li> <li>• I can choose skills needed when competing in games.</li> <li>• Describe basic skills needed for golf games.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Explore different ways of moving, with and without a ball, developing movement and coordination.</li> <li>• Explore different ways of moving a golf ball, and/other size ball.</li> <li>• Push/ roll and putt a ball towards a target with control.</li> <li>• Perform basic skills needed for games with control and accuracy.</li> <li>• Develop technique when using the golf putter, becoming increasingly accurate.</li> <li>• Use skills learnt to participate and compete in rolling and putting games.</li> </ul>
<b>Resources &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Small balls</li> <li>• Footballs/ soft balls</li> <li>• Cones</li> <li>• Balls</li> <li>• Bibs</li> <li>• Hoops</li> </ul>	<b>Key Vocabulary</b>	<ul style="list-style-type: none"> <li>• Bunker</li> <li>• Rough</li> <li>• Fairway</li> <li>• Forfeit</li> <li>• Head up</li> <li>• Quickly</li> <li>• Explore</li> <li>• Repeat</li> <li>• Successfully</li> <li>• Tick Tock</li> <li>• Improve</li> <li>• Technique</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Gymnastics

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Explore and copy basic body actions and rhythms.
- Negotiate space confidently, using appropriate strategies.
- Use their bodies to respond to stories, topics, and music.

<b>National Curriculum Links</b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1c: Perform dances using simple movement patterns.</li> </ul>	<b>Pillars of Progression</b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To be able to perform 5 key shapes.</li> <li>• Step 2: To move with control.</li> <li>• Step 3: To balance using different parts of the body.</li> <li>• Step 4: To link movements.</li> <li>• Step 5: To use different pieces of equipment and apparatus.</li> <li>• Step 6: To participate in a performance.</li> </ul>	<b>Progression Map Links</b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• I know that fundamental movement skills, such as travelling, balancing, and moving smoothly from one position to another are important gymnastics basics.</li> <li>• Watch and describe a performance accurately.</li> <li>• Understand and describe changes to your heartrate when playing a game.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Perform basic gymnastic actions, including travelling, rolling, jumping, and staying still.</li> <li>• Become increasingly confident and competent, moving safely using changes of speed, level, and direction.</li> <li>• Combine different ways of travelling exploring a range of movements and shapes.</li> <li>• Create linked movement phrases with beginning, middle and ends.</li> <li>• Perform movement phrases using a range of different body actions and body parts.</li> <li>• Develop ABC's and fundamental movement skills, combining travelling, balancing and stiffness using both floor and apparatus; and moving smoothly from one position of stiffness to another.</li> <li>• Form simple sequences of different actions, using the floor and a variety of apparatus.</li> </ul>
<b>Resources &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Hoops</li> <li>• Ribbons</li> <li>• Mats</li> <li>• Beanbags</li> <li>• Apparatus</li> <li>• Marker spots</li> </ul>	<b>Key Vocabulary</b>	<ul style="list-style-type: none"> <li>• Key shapes</li> <li>• Teamwork</li> <li>• Smart</li> <li>• Neat</li> <li>• Performance</li> <li>• Movement</li> <li>• Express</li> <li>• Balance</li> <li>• Roll</li> <li>• Straight</li> <li>• Tense</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Handball

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Explore and copy basic body actions and rhythms.
- Negotiate space confidently, using appropriate strategies.
- Use their bodies to respond to stories, topics, and music.

<b>National Curriculum Links</b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b>Pillars of Progression</b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move into space with a ball</li> <li>• Step 2: To bounce, roll, and carry a ball</li> <li>• Step 3: To throw and catch a ball with others</li> <li>• Step 4: To shoot accurately at a target</li> <li>• Step 5: To move towards a goal to defend it</li> <li>• Step 6: To compete against others trying to score</li> </ul>	<b>Progression Map Links</b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Have simple plans that you know you can make work, e.g. where to stand to make it difficult for an opponent.</li> <li>• Begin to understand some rules of the game.</li> <li>• Recognise what is successful and copy actions and ideas to improve your skills.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Move fluently, changing direction and speed easily and avoiding collisions.</li> <li>• Perform a range of actions with control of the ball, including throwing, catching, gathering, keeping possession, and throwing in different ways (fast, slow, high, low).</li> <li>• Can shoot successfully at a goal or target.</li> <li>• Recognise space in games, using it to your advantage, and playing in a safe way.</li> <li>• Know how to defend between ball and target.</li> </ul>
<b>Resources &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Small balls</li> <li>• Handballs / soft balls</li> <li>• Cones</li> </ul>	<ul style="list-style-type: none"> <li>• Balls</li> <li>• Bibs</li> <li>• Hoops</li> </ul>	<b>Key Vocabulary</b>
			<ul style="list-style-type: none"> <li>• Handball</li> <li>• Goals</li> <li>• Scoring</li> <li>• Teamwork</li> <li>• Catch</li> <li>• Shooting</li> <li>• Passing</li> <li>• Dribbling</li> <li>• Bounce</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Hockey

<p><b><u>Prior Learning Required - EYFS Progression Maps Objectives:</u></b></p> <ul style="list-style-type: none"> <li>• Explore and copy basic body actions and rhythms.</li> <li>• Negotiate space confidently, using appropriate strategies.</li> <li>• Use their bodies to respond to stories, topics, and music.</li> </ul>
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<p><b><u>National Curriculum Links</u></b></p>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><b><u>Pillars of Progression</u></b></p>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<p><b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To negotiate space</li> <li>• Step 2: To use equipment safely and correctly</li> <li>• Step 3: To use a hockey stick with two hands</li> <li>• Step 4: To move a ball using a hockey stick</li> <li>• Step 5: To stop a ball using a hockey stick</li> <li>• Step 6: To compete in games with others trying to win</li> </ul>	<p><b><u>Progression Map Links</u></b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Understand and follow the rules of the game.</li> <li>• Recognise what is successful.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Pass/send a ball and catch/stop a ball with control and increasing accuracy and consistency.</li> <li>• Develop fundamental movement skills, becoming increasingly confident and competent, moving fluently, changing direction and speed – with and without a ball.</li> <li>• Explore different ways to use and move with a ball. Perform a range of skills with control of the ball.</li> <li>• Use skills in different ways when playing games.</li> <li>• Choose and use simple tactics to suit different situations in small sided games. React to situations in ways that make it difficult for opponents.</li> <li>• Recognise space in games and use it to your advantage.</li> </ul>
<p><b><u>Resources &amp; Equipment</u></b></p>	<ul style="list-style-type: none"> <li>• Beanbags</li> <li>• Small balls</li> <li>• Hockey sticks</li> <li>• Cones</li> <li>• Bibs</li> <li>• Goals</li> </ul>	<p><b><u>Key Vocabulary</u></b></p>	<ul style="list-style-type: none"> <li>• Hockey</li> <li>• Scoring</li> <li>• Teamwork</li> <li>• Shooting</li> <li>• Passing</li> <li>• Dribbling</li> <li>• Push pass</li> <li>• Roll</li> <li>• Hockey stick</li> <li>• Goal</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Netball

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Showing increased control when catching a ball.
- Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.
- Moves freely and with pleasure and confidence in a range of skilful ways.
- Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.

<b><u>National Curriculum Links</u></b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b><u>Pillars of Progression</u></b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move with a ball</li> <li>• Step 2: To roll a ball</li> <li>• Step 3: To bounce a ball</li> <li>• Step 4: To throw a ball</li> <li>• Step 5: To play in games against others</li> <li>• Step 6: To try find ways to win games</li> </ul>	<b><u>Progression Map Links</u></b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• React to situations to make it difficult for opponents – using simple tactics. E.g. Move to defend a goal.</li> <li>• Understand how to play in a safe way.</li> <li>• Copy actions and ideas and use the information to improve their skills.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Explore different ways to use, move and send the ball.</li> <li>• Develop skills such as sending an object to a target, catching, and gathering, rolling and basic ball control.</li> <li>• Show good awareness of others when playing games.</li> <li>• Perform a range of actions with the ball keeping it under control.</li> </ul>
<b><u>Resources &amp; Equipment</u></b>	<ul style="list-style-type: none"> <li>• Balls (variety of sizes)</li> <li>• Marker spots</li> <li>• Bibs</li> <li>• Cones</li> </ul>	<b><u>Key Vocabulary</u></b>	<ul style="list-style-type: none"> <li>• Ball</li> <li>• Control</li> <li>• Balance</li> <li>• Throw</li> <li>• Catch</li> <li>• Aim</li> <li>• Accuracy</li> <li>• Pass</li> <li>• Roll</li> <li>• Team</li> <li>• Teamwork</li> <li>• Get in line</li> <li>• Space</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Orienteering

<p><b><u>Prior Learning Required - EYFS Progression Maps Objectives:</u></b></p> <ul style="list-style-type: none"> <li>• Can play in a group.</li> <li>• Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>• Keeps play going by responding to what others are saying or doing.</li> <li>• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> </ul>
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<p><b><u>National Curriculum Links</u></b></p>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><b><u>Pillars of Progression</u></b></p>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<p><b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To move in different ways.</li> <li>• Step 2: To work with others.</li> <li>• Step 3: To use a basic map.</li> <li>• Step 4: To plan a route on a map.</li> <li>• Step 5: To solve problems on your own and with others.</li> <li>• Step 6: To participate in an orienteering event.</li> </ul>	<p><b><u>Progression Map Links</u></b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Understand what a compass is used for and be able to use the direction points.</li> <li>• Has knowledge of safety rules and procedures for taking part in orienteering events.</li> <li>• Begin to problem solve with others.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Move in different directions and a variety of different ways.</li> <li>• Introduction to map reading. Be able to use some basic features on a map to select and plan a route.</li> <li>• Begin to understand the competitive side of orienteering and take part in a picture orienteering event, following rules, and playing fairly.</li> <li>• Begin to plan how to solve problems and problem solve with others.</li> <li>• Participate in competition with others, completing a simple orienteering event</li> </ul>
<p><b><u>Resources &amp; Equipment</u></b></p>	<ul style="list-style-type: none"> <li>• Hoops</li> <li>• Cones</li> <li>• Marker Spots</li> </ul>	<p><b><u>Key Vocabulary</u></b></p>	<ul style="list-style-type: none"> <li>• Teamwork</li> <li>• Together</li> <li>• Compass</li> <li>• Map</li> <li>• Route</li> <li>• Directions</li> <li>• Safety</li> <li>• Orienteering</li> <li>• Problem solving</li> <li>• Challenge</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Rounders

**Prior Learning Required - EYFS Progression Maps Objectives:**

- Can play in a group.
- Begins to accept the needs of others and can take turns and share, sometimes with the support of others.
- Keeps play going by responding to what others are saying or doing.
- Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.

<b><u>National Curriculum Links</u></b>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>• 1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<b><u>Pillars of Progression</u></b>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence and Fundamental Movement Skills.</b></li> </ul>
<b><u>Key Unit Objectives</u></b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To move in different ways</li> <li>• Step 2: To use an underarm throwing technique</li> <li>• Step 3: To try and find ways to win games</li> <li>• Step 4: To move into space</li> <li>• Step 5: To hit a ball</li> <li>• Step 6: To compete with others</li> </ul>	<b><u>Progression Map Links</u></b> (Ensure pupils progress & move forward throughout their primary school years)	<p><b><u>Declarative Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Understand and follow simple rules for games and compete in physical activities both against self and against others.</li> <li>• Apply skills and tactics in simple games, including recognizing space and using it to your advantage.</li> <li>• Begin to understand the importance of preparing safely for exercise – warming up.</li> </ul> <p><b><u>Procedural Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Develop fundamental movement skills, becoming increasingly confident and competent, moving fluently, changing direction and speed,</li> <li>• Throw/hit a ball in different ways e.g. high, low, fast, slow showing basic control.</li> <li>• Successfully receive (catch/stop) a ball, understanding the concept of moving to get in line with the ball to receive it.</li> <li>• React to situations in ways that make it difficult for opponents, applying simple tactics like hitting the ball into space to help score more points.</li> <li>• Show good awareness of others when playing games.</li> </ul>
<b><u>Resources &amp; Equipment</u></b>	<ul style="list-style-type: none"> <li>• Marker spots</li> <li>• Cones</li> <li>• Tennis Balls / small balls</li> <li>• Hoops</li> <li>• Footballs</li> <li>• Beanbags</li> <li>• Bats</li> </ul>	<b><u>Key Vocabulary</u></b>	<ul style="list-style-type: none"> <li>• Keep score</li> <li>• Balance</li> <li>• Skill</li> <li>• Get in line</li> <li>• Control</li> <li>• Ball</li> <li>• Fielding</li> <li>• Catch</li> <li>• Throw</li> <li>• Backstop</li> <li>• Technique</li> <li>• Batting</li> <li>• Shot selection</li> <li>• Score</li> <li>• Aiming</li> <li>• Run</li> <li>• Teamwork</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Tag Rugby

<p><b>Prior Learning Required - EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>Shows increasing control when throwing and catching a large ball.</li> <li>Travels with confidence and skill in a range of movements when using equipment.</li> <li>Shows understanding of the need for safety when tackling new challenges and considers and manages some risks.</li> <li>Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.</li> </ul>
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<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><u>Pillars of Progression</u></p>	<ul style="list-style-type: none"> <li>Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>Step 1: To hold and move with a rugby ball</li> <li>Step 2: To pass the ball pointing the nose of the ball</li> <li>Step 3: To pass accurately to a partner</li> <li>Step 4: To run with the ball</li> <li>Step 5: To play tag games</li> <li>Step 6: To try score goals by getting past opponents.</li> </ul>	<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>Use simple tactics in game situations, such as deciding when to pass and when to run.</li> <li>Understand who the attackers and who the defenders are.</li> <li>Develop understanding of tag rugby and participate in small games.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>Develop control and accuracy when throwing and catching a rugby ball.</li> <li>Improve movement skills whilst moving with the ball in two hands, progressing to beating a defender.</li> <li>Learn how to tag and begin tagging players in game situations.</li> <li>Begin to understand and develop correct technique of passing the ball.</li> <li>Develop understanding of tag rugby and participate in small games.</li> <li>Show good awareness of others when playing games.</li> </ul>
<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>Marker spots</li> <li>Cones</li> <li>Tennis Balls / small balls</li> <li>Hoops</li> <li>Footballs</li> <li>Beanbags</li> <li>Bats</li> </ul>	<p><u>Key Vocabulary</u></p>	<ul style="list-style-type: none"> <li>Tag rugby</li> <li>Belts</li> <li>Target</li> <li>Catch</li> <li>Space</li> <li>Attack</li> <li>Defend</li> <li>Try</li> </ul>

Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Tennis

<p><b>Prior Learning Required - EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>• Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>• Showing increased control when catching a ball.</li> <li>• Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.</li> <li>• Moves freely and with pleasure and confidence in a range of skilful ways.</li> <li>• Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.</li> </ul>
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<p><u>National Curriculum Links</u></p>	<ul style="list-style-type: none"> <li>• 1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> </ul>	<p><u>Pillars of Progression</u></p>	<ul style="list-style-type: none"> <li>• Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills</b>.</li> </ul>				
<p><u>Key Unit Objectives</u> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>• Step 1: To throw a ball to a target</li> <li>• Step 2: To hit a ball to a target</li> <li>• Step 3: To hold a racket with correct grip</li> <li>• Step 4: To receive a ball and return it</li> <li>• Step 5: To move confidently in different ways</li> <li>• Step 6: Play games</li> </ul>	<p><u>Progression Map Links</u> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Choose and use skills and simple tactics to suit different situations.</li> <li>• Understand and follow the rules of the game.</li> <li>• Watch and describe a performance accurately. Use actions and ideas you have seen to improve your own skills.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Engage in cooperative and competitive physical activities (both against self and against others).</li> <li>• Explore different ways to use and move with the ball – showing control with simple actions and basic control when striking a ball. (Then add a tennis racket.)</li> <li>• Perform a range actions including catching/ gathering skills and sending/passing with control and throw/ hit a ball in different ways e.g. high, low, fast, slow.</li> <li>• Understand the concept of moving to get in line with a ball to receive it.</li> <li>• Move fluently, changing direction and speed – showing good awareness of others.</li> <li>• Use correct skills and basic tactics in games to meet the challenges of the game, or in response to your opponent’s actions.</li> </ul>				
<p><u>Resources &amp; Equipment</u></p>	<ul style="list-style-type: none"> <li>• Tennis balls</li> <li>• Tennis rackets</li> <li>• Hoops</li> <li>• Nets</li> </ul>	<p><u>Key Vocabulary</u></p>	<table border="0"> <tr> <td> <ul style="list-style-type: none"> <li>• Tennis racket</li> <li>• Low</li> <li>• High</li> <li>• Balance</li> <li>• Ball control</li> <li>• Control</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Racket</li> <li>• Score</li> <li>• Positioning</li> <li>• Movement</li> <li>• Aiming</li> <li>• Accuracy</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Rolling</li> <li>• Send</li> <li>• Throw</li> <li>• Bounce</li> <li>• Catch</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Underarm</li> <li>• Ready position</li> <li>• Bounce feed</li> <li>• Receive</li> <li>• Cooperate</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>• Tennis racket</li> <li>• Low</li> <li>• High</li> <li>• Balance</li> <li>• Ball control</li> <li>• Control</li> </ul>	<ul style="list-style-type: none"> <li>• Racket</li> <li>• Score</li> <li>• Positioning</li> <li>• Movement</li> <li>• Aiming</li> <li>• Accuracy</li> </ul>	<ul style="list-style-type: none"> <li>• Rolling</li> <li>• Send</li> <li>• Throw</li> <li>• Bounce</li> <li>• Catch</li> </ul>	<ul style="list-style-type: none"> <li>• Underarm</li> <li>• Ready position</li> <li>• Bounce feed</li> <li>• Receive</li> <li>• Cooperate</li> </ul>
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Implementation Phase			
<b>Key Stage:</b>	KS1	<b>Unit:</b>	Volleyball

<p><b>Prior Learning Required - EYFS Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment.</li> <li>Can play in a group, extending and elaborating play ideas within the group.</li> <li>Begins to accept the needs of others and can take turns and share, sometimes with the support of others.</li> <li>Shows increasing control when throwing and catching a large ball.</li> </ul>
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<p><b>National Curriculum Links</b></p>	<ul style="list-style-type: none"> <li>1a: Master basic movements including running, jumping, throwing, and catching, as well as developing balance, agility, and co-ordination, and begin to apply these in a range of activities.</li> <li>1b: Participate in team games, developing simple tactics for attacking and defending.</li> </ul>	<p><b>Pillars of Progression</b></p>	<ul style="list-style-type: none"> <li>Development of <b>Motor Competence</b> and <b>Fundamental Movement Skills.</b></li> </ul>
<p><b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> <li>Step 1: To send a ball to a partner</li> <li>Step 2: To throw a ball to a target/ partner</li> <li>Step 3: To receive a ball</li> <li>Step 4: To catch a ball</li> <li>Step 5: To play games with others</li> <li>Step 6: To try score points in games</li> </ul>	<p><b>Progression Map Links</b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>Understand and follow the rules of the game, showing good awareness of others when playing games.</li> <li>Develop simple tactics for attacking. Gain an understanding that hitting the ball into space helps them score points.</li> <li>Understand, follow, and apply skills and tactics in simple games.</li> <li>Watch and describe a performance accurately. Recognise what is successful. Use actions and ideas they have seen to improve their own skills.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>Send a ball in different ways e.g. throwing, pushing, and rolling.</li> <li>Master basic throwing technique. Throw / Hit a ball in different ways e.g. high, low, fast, slow.</li> <li>Perform a range of catching and gathering skills with control and understand the concept of moving to get in line with a ball to receive it.</li> <li>Show control of a ball with basic actions and explore different ways to use and move with a ball.</li> </ul>
<p><b>Resources &amp; Equipment</b></p>	<ul style="list-style-type: none"> <li>Tennis balls</li> <li>Tennis rackets</li> <li>Hoops</li> <li>Nets</li> </ul>	<p><b>Key Vocabulary</b></p>	<ul style="list-style-type: none"> <li>Throw</li> <li>Control</li> <li>Aim</li> <li>Ready</li> <li>Ball</li> <li>Accuracy</li> <li>Throw</li> <li>Send</li> <li>Skills</li> <li>Receive</li> <li>Catch</li> <li>Stop</li> <li>Ready Position</li> <li>Inline- Track</li> <li>Tactics</li> <li>Space</li> <li>Score</li> <li>Rules</li> <li>Watch</li> <li>Describe</li> </ul>