



# St Michael's CE Primary School, Sandhurst

## Spirituality at St Michael's



*'Let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'* Matthew 5:15-16

***Nourished in mind, body and spirit; Spirituality is where we 'grow the soul'. It is woven like a thread through our school enriching who we are. By creating meaningful moments, we aim to transform thoughts, actions and heighten awareness.***

	Mind	Body	Spirit
<b>Our Definition</b>	<ul style="list-style-type: none"> <li>- Understanding the qualities of silence</li> <li>- Reflection and the ability to listen</li> <li>- A sense of the worth of others</li> <li>- Living well as a community – understanding its demands, values, rituals and celebrations</li> <li>- Coping well with limitation and loss</li> </ul>	<ul style="list-style-type: none"> <li>- Care for our health and for the health of our planet</li> <li>- A sense of self worth</li> <li>- A joy of life, achievement and play</li> <li>- Understanding the need for pattern, order and purpose</li> </ul>	<ul style="list-style-type: none"> <li>- Being able to live well with transience and constant change</li> <li>- A sense of awe, wonder and mystery about ourselves and the world</li> <li>- An awareness of the natural world and its capacity to point beyond itself to God</li> <li>- A sense of the human capacity for choice, decision and responsibility</li> </ul>
<b>Planned opportunities for Spiritual Development</b>	<ul style="list-style-type: none"> <li>- PSHE/RSE curriculum (wellbeing, mental health awareness)</li> <li>- Providing challenging learning through a broad and ambitious curriculum</li> <li>- Staff CPD training</li> <li>- Wellbeing</li> <li>- School Council</li> <li>- Mindfulness Lunch Drop-ins</li> <li>- TALK Programme</li> <li>- School 'We Wills'</li> <li>- Extra-Curricular activities (including inter-school events)</li> <li>- Pupil leadership roles</li> <li>- Reception Buddy System</li> <li>- Play Leaders</li> </ul>	<ul style="list-style-type: none"> <li>- Environmental awareness</li> <li>- Extra-Curricular activities</li> <li>- School Games Gold Award</li> <li>- Year 5 and Year 6 Residential</li> <li>- School Visits</li> <li>- Outdoor learning and Wood Walks</li> <li>- School-Eco Council</li> <li>- Newsround</li> <li>- PSHE/RSE curriculum</li> <li>- BFC, County, Cluster and TKAT events</li> <li>- Range of out of hours clubs</li> <li>- Wraparound Care</li> <li>- The Den – Holiday Club</li> <li>- Active play equipment</li> <li>- Qualified sport coaches</li> </ul>	<ul style="list-style-type: none"> <li>- Regular allocated time for prayer, silence, stillness and reflection</li> <li>- Class worship areas</li> <li>- Prayer boxes</li> <li>- Lighthouse – how we shine our light display</li> <li>- RE</li> <li>- Visits to places of worship</li> <li>- Guest speakers from world religions</li> <li>- Collective Worship</li> <li>- Worship Leaders Programme</li> <li>- Caring for others – charitable giving and charity house points systems</li> <li>- Church Services</li> <li>- Remembrance Service and Sandhurst Service</li> </ul>

***'This little light of mine, I'm going to let it shine!'***

***Community***

***Compassion***

***Creativity***

***Courage***



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	<ul style="list-style-type: none"> <li>- KS1/KS2 Reading buddies</li> <li>- Weekly staff meetings</li> <li>- Governor engagement</li> <li>- Whole school events and days</li> <li>- School Productions</li> <li>- School Services at the Church</li> <li>- Nurture / ELSA sessions</li> <li>- ELSA trained staff</li> <li>- Quiet areas</li> </ul>	<ul style="list-style-type: none"> <li>- Swimming lessons for KS2 led by qualified instructors</li> </ul>	<ul style="list-style-type: none"> <li>- Diocesan and Church links</li> <li>- Celebration assemblies with headteacher awards</li> <li>- Pride of St Michael's awards half termly</li> <li>- Prayer built into the pattern of the day</li> <li>- Annual Leavers' Service</li> <li>- Class RE Big Books</li> <li>- Whole school competitions</li> <li>- School Association events</li> </ul>
<b>The Impact</b>	<ul style="list-style-type: none"> <li>- Children become more confident, independent, resilient, responsible, self-aware and reflective</li> <li>- Children are able to make better choices</li> <li>- Children and staff have improved mental health</li> <li>- Children have an improved awareness of others in the community and are inclusive</li> <li>- Children form deeper friendships</li> <li>- Children are more generous and forgiving</li> <li>- Children's behaviour is outstanding</li> <li>- There are fewer instances of anxiety</li> </ul>	<ul style="list-style-type: none"> <li>- Children have improved knowledge of the world</li> <li>- Children have improved knowledge of their bodies and how to stay healthy</li> <li>- Children understand and respect the viewpoints of others and can balance opinion</li> <li>- Children take care of each other and their environment to a greater degree</li> <li>- Children show compassion for the world around them and are given a voice to champion their causes within the school community</li> <li>- Improved school environment</li> <li>- Staff and pupils feel valued and respected</li> <li>- Children have improved communication skills and empathy</li> </ul>	<ul style="list-style-type: none"> <li>- Children have the confidence to ask deep questions</li> <li>- Children are more independent and willing to take risks</li> <li>- Children and staff are secure and articulate in expressing their own feelings</li> <li>- Children and staff are secure in leading Collective Worship</li> <li>- Children adapt well to changes in their daily life</li> <li>- Children are creative and expressive through use of a range of media</li> <li>- Children are confident with expressing themselves through prayer</li> </ul>

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